



***The AMEDD AHLTA Guide to Improved  
Healthcare Outcomes (Build 838.18)***

***Version 12***

***(Incorporating Voice Recognition and Tablet Capabilities into  
the Provider's Workflow with AHLTA)***

***With Best Practices for:***

***Medication Reconciliation***

***MPL Updating***

***Maximizing Prevention (Winning at PBAM)***

***Periodic Health Assessment (PHA)***

***Incorporating External Information into AHLTA***

*Prepared for the:*

**AMEDD AHLTA Implementation  
and Clinical Integration Office,  
Washington, D.C.**

**21 February 2007**

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## Preface

The fielding of AHLTA, the switch to the Next Generation of TRICARE Contracts, and the continued move to performance-based budgeting have resulted in transformational changes in the clinical, business, and administrative processes within the AMEDD. Multiple, often seemingly-competing, metrics and goals are presently in place. The apparent conflicts among requirements, metrics and goals often stems from each being treated as an end to itself. With completion of AMEDD AHLTA Block 1 Deployment (August 2006) and the fielding of AHLTA Build 838.18, the AMEDD will have the tools and experience with EMR use to bring these multiple metrics into a single process. Moreover, there will be the ability to centrally monitor, trend and report performance on core metrics. This ability will enhance MTF efforts to deliver optimal healthcare and target process improvement where needed.

This document has evolved through an understanding of how AHLTA is being used and how it may be better employed. Close coordination has occurred with OTSG Health Policy and Services (HP&S) to determine the metrics that should be initially targeted. Since it would be overwhelming to try to correct hundreds of issues at once, items were selected that are felt to be of the greatest clinical value, that are current readiness or accreditation issues, or that are linked to current performance-based budgeting. The long-term goal is to establish and transform our culture to collaboratively meet local, regional, and Service-level needs in the most efficient manner possible. The use of integrated and automated processes will help facilitate the review and improvement of those processes using “Lean Six Sigma.” This will permit continued harvesting and sharing of best practices to benefit all MTFs, and most importantly, the care of the patient.

The implementation of the process outlined in this document, like much of the AHLTA implementation, will not be easy. MTFs will experience varying degrees of difficulty depending upon current efficiencies and staffing of clinics. The AMEDD has undergone considerable transition in clinical practices to decrease variation, increase efficiency, and improve outcomes. Tracking the outcome changes (from the implementation of process changes) and the cost of delivering care (down to the clinic level) will help in making subsequent decisions on personnel and system transformation.

It is the hope of the AMEDD AHLTA Project Office that this paper and its attachments will provide assistance at all levels within an MTF with successful transformation and outcome improvement in the areas of clinical care, readiness, and business processes. From continued field experience and command guidance, the Program Office will regularly update these documents.

This document version addresses the use of appropriate free text by providers while using AHLTA as a Health Care team for efficiency. This document should not be taken as an endorsement by the AMEDD or AMEDD AHLTA Program Office of Dragon Naturally Speaking. The appropriate use of free text is acceptable and can work well inside of AHLTA. Appropriate use will NOT alter the effectiveness of AHLTA coding or data mining. Free text can be entered by typing, voice recognition, hand writing recognition or “cut and paste” techniques. The limitation of AHLTA free capacity in the MEDCIN tree must be understood for proper use of appropriate free text.

Striving always to “Enhance the Excellence of Military Healthcare—AMEDD AHLTA.”

Very Respectfully,

RON MOODY MD  
LTC, MC  
Program Manager, AMEDD AHLTA  
Implementation and Clinical Integration

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## Section I — Overview

### Background

AHLTA is the enterprise-wide electronic health records system for the Department of Defense (DoD) Military Health System (MHS). The AMEDD has now deployed the outpatient component (Block 1) to all MTFs. Since full-rate deployment started in January 2004, fielding and use of AHLTA has experienced many challenges. Various issues delayed the fielding of the local cache (failover mode) Build 838, but it is now being deployed. Besides its ability to allow AHLTA use when connectivity to the central Clinical Data Repository (CDR) is unavailable or the CDR is down, it comes with the first point-of-care decision-support tools, called wellness reminders.

The wellness reminders are patient-centric reminders that focus on elements of the United States Preventive Health Services Task Force (USPSTF) guidelines along with military readiness issues. A full list of the available reminders is located at the end of this section. The reminders can be coupled to an action that resets the timer on when the action is complete and next due. Depending on the type of reminder and action, the reminder can be set to either enterprise or MTF level. This is required because reminders that require ancillary test ordering must be set to order from the local legacy CHCS system. A recent meta-analysis of decision support tools found that there are four critical features of these tools, and if all four are present, 94% of studies showed a significant improvement in clinical practice (BMJ 14 Mar 05). The critical features are:

1. Automated provision of decision support as part of clinical workflow
2. Guidance provided as recommendations (actionable items), not assessments
3. Guidance provided at time and location of decision making
4. Computer-based

AHLTA now provides these features. Additionally, the Automated Clinical Practice Guidelines (aCPG) outcomes tool that is being built will expand this capability further with the addition of registries and disease-specific information recall and reminders. In the expanded tool, the reminders will be patient-, condition-, and clinic-specific. Fielding of the aCPG tool is projected to begin with AHLTA build 843, likely in 2007.

Successful utilization of these tools will require both strategic and tactical implementation. The healthcare process could easily be overwhelmed with a mass of reminders to address. The strategic prioritization for fielding the reminders is critical. Additionally, each of these should be considered an extension of a single process aligned with organizational goals and policies. Tactically the implementation must be performed so that efficient use can occur and neither time nor effort is lost as patients and healthcare team members move.

This document outlines a process of care and recommends performance metrics to be evaluated for continued improvement.

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## Section II — The Outcomes-Based Clinical Care Process

### Introduction

Historically, each new initiative to improve outcomes has been treated as a separate event. Each implementation came with a clinical or functional champion, process, metrics and often an entire Process Action Team. This method is costly to implement, track and sustain. The efforts at one MTF often did not translate to improved outcomes at other facilities, as either different outcomes were emphasized or the process was different, thereby failing to reduce the work burden or cost. This implementation cycle was typical of the process used to field clinical practice guidelines. Clinical outcomes are not the only outcomes of concern. Others include readiness, business (financial) and regulatory (JCAHO, DoD, Army, etc). These outcomes were often tasked to a section of the facility for accountability, yet one who did not have control over the actions necessary to achieve the outcome. Achieving (or attempting to achieve) any outcome carries a cost to the MTF in personnel, equipment, and other direct costs. The performance of many interventions simultaneously does not make them more effective, but it can make them more efficient. With common overarching processes at each MTF, global efficiency is improved as the total burden of work is diminished. Finally, the cost to the patient in time and illness cannot be a secondary event. Efficient delivery of care and improved outcomes have direct benefit. The move to Relative Value Unit (RVU) monitoring of workload has provided the business model to allow focus on better care while maintaining productivity. The additional metric of Cost (salary)/RVU can further measure efficiency. Analogous to an automobile the metric utilized depends on who is measuring and what the goal of having the measure is. Clinic data = RPMs, equivalent to the number of scheduled visits that are filled; MTF = speed, equivalent to Cost/RVU; and RMC = distance, equivalent to total RVUs. The Per Member per Month (PMPM) cost at the AMEDD level provides a measure of global effectiveness.

For each of the steps in the clinical process that follow, a recommended series of actions is listed. These actions emphasize the team approach and target specific metrics. The actions are actionable locally and can be monitored centrally. It is hoped that all future regulations will include sections specifying recommended ways to accomplish the tasks with the available tools, associated metrics, and methodology. This will allow continued organizational synergy and ensure effective IM/IT tools.

### Check-In — Clerks

The clerk will check the patient in to his/her appointment. The following actions may be accomplished:

1. The clerk will open the patient demographics folder

A. Local telephone contact information will be placed in the local information free text area. This area is NOT overwritten by DEERS. *(Note: this assumes that the information in CHCS is updated as part of the normal process when a patient calls for an appointment booked in CHCS.)*

*It is important to close the patient demographic module after work is completed so that the information is saved in the record.*

Home Address: 233 Main St  
City: Anywhere  
State/Country: VA, USA Zip: 12345  
Email: eduardo@chcsii.com  
Home Phone: 123 - 888 - 8888  
Work Phone: 123 - 444 - 5555  
Religion:  
Comments: New Address - 123 Anywhere Street, Small Town, USA  
Command Interest:

B. Insurance status is reviewed and a date is entered in the "expiration date" field to indicate the next date to check status (annually).

1) If the Other Health Care (OHI) insurance check is current (within the last year), no action is needed.

2) If over one year, the clerk will update the information and, if the patient has third-party insurance or a change in third-party insurance, a paper form will be obtained and signed before leaving the check-in desk.

The screenshot shows a web-based form titled "Sponsor Information" and "Insurance Information". Under "Sponsor Information", the Name is SUAREZ, EDUARDO A, Rank/Grade is LIEUTENANT COMMANDER O4-N, Sponsor SSN is 454-72-3217, and Service is NAVY. The "Insurance Information" section has a table with columns for Insurance Company Name, Address, Policy Number, Group Name, Group Number, and Insurance Co. Phone. Below the table is a button labeled "Enter Changes to Patient Insurance Information" and a red "Not Completed" status indicator.

The "Patient Insurance Information" dialog box contains several sections. It starts with two questions: "Does patient have health insurance other than Medicare or Champus?" and "Has any health insurance information changed since last visit?", each with "Yes" and "No" radio buttons. Below are input fields for Insurance Company Name, Telephone, and Address. Then, fields for Insurance ID Number, Group Name, and Group Number. Next, fields for Subscriber's Name and Patient's Relationship to Subscriber. There are also fields for Effective Date (09 Aug 2006) and Expiration Date (09 Aug 2006), with a "Date Unknown" button. At the bottom, there are fields for Person Capturing Information, Information Source, and a large text area for Comments. "Save" and "Cancel" buttons are at the very bottom.

By clicking "Enter Changes to Patient Insurance Information", a new area will open allowing modifications and changes to insurance information.

The patient's encounter must be open for this function to be available. (Example to the left.)

Hard copies of this information should also be maintained and sent to appropriate MTF areas to ensure data is accurately captured.

## 2. AMEDD Annual Screening Questionnaire

Clerk checks to see if annual questionnaire is current, and if not, assigns PIN (for AHLTA kiosk) or indicates to screeners (for paper or other method) that the questionnaire is due.

Note: The clerk will need to be assigned one of the following roles depending on the workflow used:

A. Ward clerk — permits the user to assign and view questionnaires.

B. Ward clerk with limited orders — as above and allows the clerk to address reminders.

Questionnaire/Test History				
Date	Questionnaire/Test	Encounter	Status/Score	Source
	ADULT IMMUNIZATION SCREEN		PIN Assigned	Member Entry
	ADULT IMMUNIZATION SCREEN		PIN Assigned	Member Entry
	ADULT IMMUNIZATION SCREEN		PIN Assigned	Member Entry
	ADULT IMMUNIZATION SCREEN		PIN Assigned	Member Entry
	ADULT IMMUNIZATION SCREEN		PIN Assigned	Member Entry
	Annual Gyn Exam ( 1st MDG ) LAFB		PIN Assigned	Member Entry
	CHCS II Test Questionnaire		PIN Assigned	Member Entry
	Copy of Oncology Patient Assessment		PIN Assigned	Member Entry
	NMC- DIZZINESS QUESTIONNAIRE		PIN Assigned	Member Entry
8/7/2006 11:25:54 AM	(7.06) PPOP Intake Questionnaire	100816389	PIN Assigned	Member Entry
8/2/2006 11:29:37 AM	Detsky's Modified Cardiac Risk Index	28126731	Incomplete	Interview by KRIEGEL, DAVID L
8/2/2006 11:27:50 AM	Detsky's Modified Cardiac Risk Index	28126731	Complete	Member Entry
7/12/2006 2:26:08 PM	838p18	100747958	Complete	Interview by QQQCHCSIITESTC, NMCPNURSE C.
6/7/2006 1:44:56 PM	838p18	100664631	Complete	Interview by QQQCHCSIITESTC, NMCPNURSE C.
6/7/2006 1:23:23 PM	838p10 new questionnaire	100664457	Incomplete	Interview by QQQCHCSIITESTC, NMCPNURSE C.
6/7/2006 1:07:08 PM	838p10 new questionnaire	100664180	Complete	Interview by QQQCHCSIITESTC, NMCPNURSE C.
5/30/2006 10:59:56 AM	EDINBURGH Postnatal Depression Scale	100614268	Complete	Interview by MISHKEL, JILL A
5/8/2006 8:24:24 AM	Copy of Oncology Patient Assessment	100594743	Complete	Interview by RNSF, JISA F

### 3. Questionnaires — Future State:

A. The Questionnaire tool will include dropdown selections for patients and include questions that patient MUST answer (Build 844).

B. The Questionnaire tool will include items that flag alerts to the medical staff depending upon the answer given. This will be useful in numerous areas, including prescreening, such as ADTMC (Build 844).

C. Clerks will complete third-party insurance on a form in AHLTA that can be e-mailed in a secure fashion to the TPOC office.

D. Patients will be able to sign themselves in using their ID card. Upon checking in, the computer will present “forms” that the patient needs to complete or are due, such as the HIPAA privacy statement, TPOCs, etc. The clerk will verify and assist patients with form completion and computer use issues.

## Screening/Vital signs

The screener will review with the patient his/her current medications, to include prescription compliance and over-the-counter (OTC) meds. They will also update the problem list with any change to the patient's family or surgical history, allergies, and problems.

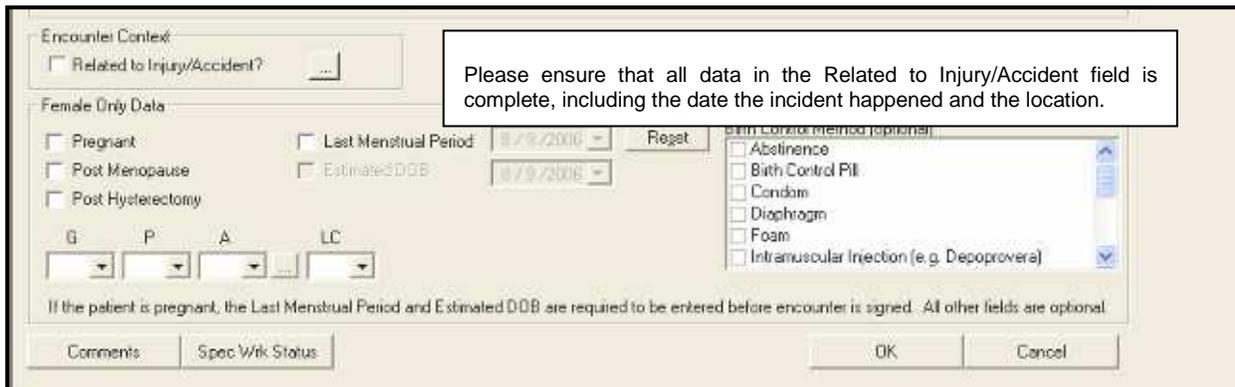
The screener will check the patient questionnaire history (if not already performed by the clerical staff) to see if the AMEDD Annual Screening Questionnaire has been completed in the last 12 months. This questionnaire is used to meet both annual JCAHO screening questions requirements and the Army's Periodic Health Assessment requirement. The same form is used for all patients 17 years of age or older. If the questionnaire has not been completed by the patient in the last 12 months, the screeners ensure that a current questionnaire is completed. Only the AMEDD Annual Screening Questionnaire in the Enterprise Questionnaire folder will be used for this purpose as its use can be viewed and monitored by all MTFs.

After completing the above, the screener will complete at least the minimal items listed below in the screening and vital signs modules. The AMEDD Screening AIM form will be used to capture the items listed below after they are reviewed with the patient. The screener should not waste time documenting items in the screening and vital sign module that will be captured on the AMEDD Screening AIM form. The items completed will allow central monitoring and reporting on MPL maintenance and medication reconciliation actions.

1. Items to document

A. Screening

- 1) Encounter Context (Related to injury?). This box will be checked “yes” if this is the first visit for this condition related to an injury.
- 2) Female data as appropriate.

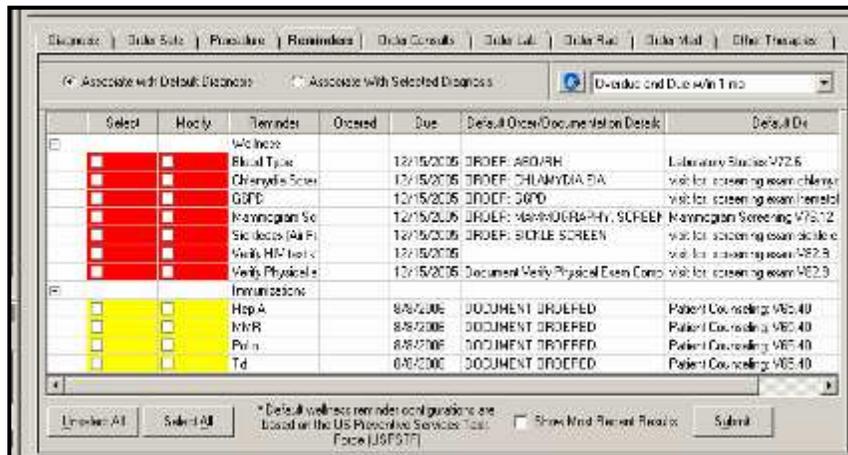


3) Wellness reminders will be addressed as follows:

a. Active duty. For some clinics and reminders, “appropriately addressed” may simply mean reminding the service member this is due and providing appropriate directions. Others require orders or other action. The reminders are found in the A/P module under the Reminders tab.

- (1) DNA
- (2) HIV
- (3) Sickie Screen
- (4) G6PD
- (5) Immunizations

b. Others — Per clinic SOP



## B. Vitals

1) Standard Vital Signs

2) Height/Weight

3) Pain Scale and comments (if a value of "1" or greater is recorded). Comments should address location, duration, and current treatment.

The screenshot shows a software window with a title bar containing "Review | Entry". The interface is divided into several sections:

- Date:** A text field containing "09 Aug 2006 13:15".
- Checkboxes:** "Visual Acuity", "Oxygen Sat.", and "Peak Flow".
- Standard Vital Signs:** Fields for BP (with a slash and a dropdown), HR (with "bpm" unit), RR (with "/minute" unit), and Temperature (with "F" and "C" units and a dropdown).
- Display Orthostatic:** A button.
- Habits:** Radio buttons for "Tobacco" and "Alcohol", each with "Yes" and "No" options, and a "Reset" button.
- Pain Severity:** A vertical list of radio buttons numbered 0 to 10, with "0 - Pain Free" at the bottom.
- Height/Weight:** Fields for "Ht:" (with "in" and "cm" units) and "Wt:" (with "lbs" and "kg" units), and labels for "BMI" and "BSA".
- Comments:** A large text area for notes.
- Where is the Pain Located?:** A smaller text area.
- Buttons:** "OK" and "Cancel" at the bottom.

## C. AMEDD Screening AIM Form

- 1) Reason for visit and narrative in patient's words entered in free text
- 2) All other questions on the form that are addressed. (Note: This permits the compliance actions to be tracked, as these specific MEDCIN terms will be tracked)

AIM - 838 ONLY Basic For AutoNeg Undo Details Browse Shift Browse Note View

Screening / HPI / PMH RDS / PE Musculoskeletal Example - RDS / PE Example - Musculoskeletal Help Outline View

**AMEDD Draft Medicin A2 Form: 060627**  
**Basic Form—General A3**

**Reason for Visit**  
NOTE: Use one of the following terms to tell the narrative. Must include HPI items from RDS using the RDS/HPI switch button.

Visit For:  
the following new concerns: \_\_\_\_\_

Follow-up Exam  
patient reports: \_\_\_\_\_

Consult visit NOTE: Change "Service Type" to "Consult" in Disposition Module  
Referred by the following provider \_\_\_\_\_ to assess: \_\_\_\_\_

Medication refill  
The patient is taking medications as listed on medication list without problems. Changes to the medications are as follows \_\_\_\_\_

Other  
Additional problems: \_\_\_\_\_

Visit for a Physical:  \_\_\_\_\_ <---- Click to select the appropriate term

Previous Hospitalizations \_\_\_\_\_ as related to this visit

Previous ER Visits \_\_\_\_\_ as related to this visit

Prior Tests \_\_\_\_\_ at non-MHS facility. These include: \_\_\_\_\_

**Patient Medical / Surgical History and Problem List ----- Review and Update.**  
NOTE: Use Medical Module , Allergy Module, and the Problem list to update items below.

Reviewed Medication Hx \_\_\_\_\_ was reviewed and updated in patient medication list

AIM - 838 ONLY Basic For AutoNeg Undo Details Browse Shift Browse Note View

Screening / HPI / PMH RDS / PE Musculoskeletal Example - RDS / PE Example - Musculoskeletal Help Outline View

**Patient Medical / Surgical History and Problem List ----- Review and Update.**  
NOTE: Use Medical Module , Allergy Module, and the Problem list to update items below.

Reviewed Medication Hx \_\_\_\_\_ was reviewed and updated in patient medication list

Noncompliance With Medications  
patient states currently taking medications as follows \_\_\_\_\_

Reviewed Allergy Hx (N indicates no known drug allergies) \_\_\_\_\_ : Reviewed Allergy Information and updated as necessary.

Reviewed Past Medical Hx \_\_\_\_\_ and updated in patient problem list

Reviewed Past Surgical Hx \_\_\_\_\_ was reviewed and updated in patient problem list

**Family Medical / Surgical History and Problem List ----- Review and Update.**  
NOTE: Use Medical Module , Allergy Module, and the Problem list to update items below.

**Family History**

Reviewed Family History \_\_\_\_\_ : Reviewed in Problem List and updated as needed.

Source of information:  Patient  Other Sources: \_\_\_\_\_

Reliability of source of patient information: \_\_\_\_\_ <---- Click to select the appropriate term

Branch of Service:  USA  USN  USAF  USMC Status:  Active Duty  Reservist  Retired

Military Service Status Visit Is Deployment-related Location of Deployment: \_\_\_\_\_

Visit Is Gwot-related  NOTE: Use for resource management tracking of visits.

Tobacco Use \_\_\_\_\_ for \_\_\_\_\_ years.

Tobacco Use for \_\_\_\_\_ years.

Alcohol Use (drinks/day)

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**>> Female Data ONLY** Please insure information is placed in the PSH

Birth Control is being practiced

## 2. Current Workflow Considerations

A. Nursing station can print the AHLTA SF600 with Autocite included for the patient to review while getting vital signs taken or while waiting for screening. This will allow the screener to only open modules where changes need to occur. (NOTE: Family history should currently not be Autocited due to a programming error. The date for correcting this error has not yet been defined.)

B. The nurse places this sheet and any necessary additional comments in the location that the provider will be able to see it. (e.g., Exam room door as a clinic tracking sheet.)

## 3. Actions

A. Refresh Autocite

B. Per clinic SOP and depending on available time, take action to update issues listed in the reminders.

C. Autocite the Annual Questionnaire into current encounter.

D. Document all immunizations in AHLTA, including those on active duty. Only document active duty immunizations in MEDPROS if the patient is at an SRP site. MEDPROS use for immunizations will be discontinued when the CDR/MEDPROS bidirectional interface is active.

Individual Immunizations | **Vaccine History**

Immunization	Date	Doses	Size/Result	Mfg	Lot Nbr	Next Due	Exempt	Expires
Hep A (Adult)	09 Aug 2006	1		PMC	1263456	09 Feb 2007		09
Hep B - Adult	09 Aug 2006	1		PMC	123456	08 Sep 2006		09
Influenza	09 Aug 2006	1		PMC	123456	01 Oct 2006		09
IPV	09 Aug 2006	1		PMC	123456	09 Oct 2006		09
MMR	09 Aug 2006	1		PMC	123456	15 Apr 2011		09
Td	09 Aug 2006	1		PMC	123456	06 Aug 2016		09
Varicella	09 Aug 2006	1		PMC	123456	08 Sep 2006		09
Yellow Fever	09 Aug 2006	1		PMC	123456	06 Aug 2016		09

Using the Vaccine History Tab, the patient's immunizations may be reviewed and updated. To update, click the Add button located at the bottom left. This will be especially important for active duty personnel.

**Add** Edit Delete

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#### 4. Future State:

A. Patients will update information in their AHLTA problem list using TRICARE Online (TOL). The staff will verify the information and it will be placed into AHLTA. (Part of HAMTD project – Funded)

B. The aCPG tool will provide patient-, disease- and clinic-specific reminders. This will also include automatic retrieval and display of defined test data in the encounter note. (Scheduled for AHLTA Build 843)

C. Vitals signs captured by screening staff will automatically feed the coding calculator so that the screener or providers does not have to click these buttons in the MEDCIN encounter. (Build 843)

D. Screening and vital signs modules will be merged into a single module. (Build 843)

1) Allows for all entry from one module.

2) Includes use of the AIM Form as above.

3) Permits clinic-specific templates or other AIM Forms to be surfaced for clinic-specific questions.

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## Provider (See also Section VI — Best Practice for Utilizing Other Technologies with AHLTA)

1. Reviews information entered by staff. (*Notes: If in a wireless environment and using a laptop or tablet this can be done prior to entering the exam room to speed up the encounter. Without wireless, the review is conducted by clicking on the S/O section. The provider should limit the numbers of jumps from S/O to A/P as this adds time to the encounter. This issue is resolved in Build 3.2.*)

A. Assumes control of the S/O note started by staff using the “EDIT—NO—YES” steps and edits initial information entered by staff if needed.

B. Addresses pain and compliance issues, as appropriate, in encounter note

2. S/O—Completes S/O using AIM form specific for voice recognition pilot. It will usually be most efficient to complete the A/P section with the patient present and then dictate the A/P section immediately after the patient leaves the exam room. Extra noise in the room and interruptions make dictation specifically and S/O completion generally more difficult.

A. AIM form for specialty is designed with specialty input. The AIM form contains only necessary terms for clinical documentation and to meet coding or other requirements. The MEDCIN terms chosen often take into account the fact that only ½ page or 2,000 characters can be entered into any comment or free text box in AHLTA. The only area that can accept large areas of free text is the AddNote section.

B. Recommended Work process

1) Utilize the team documentation and update Problem List and Past Medical History items in the problem list. DO NOT use free text or dictation to add past medical, surgical, or family history in the note. Entering the information on the problem list allows this data to be entered once by all providers.

2) After reviewing the items entered by staff, move the appropriate free box after a MEDCIN term to enter free text. You can type, dictate, or use handwriting recognition for this. Dictate only the finding related to that term. Remember that the limit is ½ page.

3) Continue dictating or entering free text to complete your note as above.

4) It is also important to use narrative comments in the Comment Box under the Diagnosis in the A/P window. This can also be done by typing, dictation, or handwriting recognition.

5) If there is a lengthy comment or discussion that needs to be added to the note, the AddNote section should be utilized.

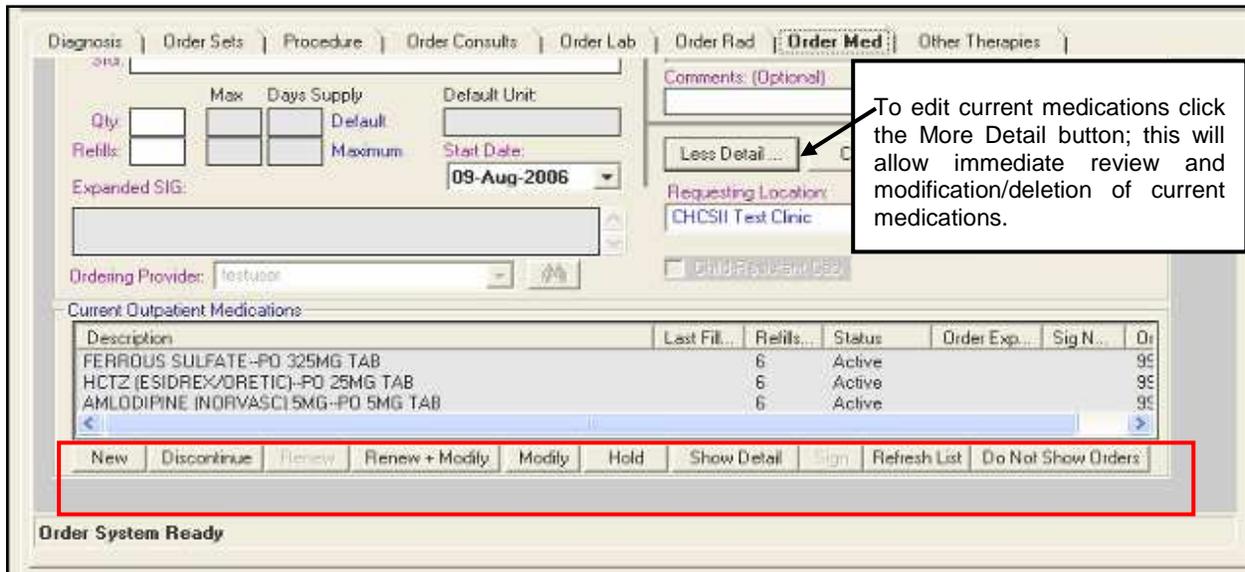
3. A/P Module (*Note: If using a tablet, it is best to have the tablet in keyboard mode as the A/P section is not optimized for tablet entry.*)

A. Diagnosis and Procedures

1) Use the patient Problem List to re-enter the previous diagnosis by double-clicking. This is the fastest method and keeps the Problem List cleaner. (The ability to do this is fixed in AHLTA Version 838.20).

2) The pre-configured Clinic Favorite List should include most common Diagnoses and Procedures.

3) The Order Set attached in the default encounter template can also include those ancillary orders that are most commonly used in the clinic or by the individual.



## B. Medications

- 1) Enter modifications to any medication that the person is currently taking, to include modifying current prescriptions and deleting/making inactive medications that are duplicates or no longer needed.
- 2) As noted, most short-term medications that are prescribed should be on the Order Set tab that is associated with the specific AIM form being used.
- 3) The provider should add any OTC meds or adjust items entered by staff via the medication module.

C. Wellness Reminders — Sign or address wellness reminders as appropriate.

D. Past Medical or Surgical History — Update/modify as appropriate using the Problem List if the staff has not completed or if modifications are needed.

## E. Ancillary Orders

- 1) Common orders should be included in the order set associated with the AIM form in the default encounter template.
- 2) Clinic favorites for each of the ancillary tests should also be created and used to prevent searching for items.

## 4. Readiness Module (when mapped)

### A. Review items

### B. Documents

- 1) PHA Date completed (Date of that exam).
- 2) Deployable status — as of that date.

### C. Use AHLTA profile module as appropriate

5. Signing — Signing notes indicates review and concurrence with team-entered documentation.

6. Future State:

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A. Vital signs will no longer have to be clicked in template or AIM form. The patient status as an established or new appointment will also be automatically determined. (Part of Coding automation enhancements — Build 844)

B. The provider will be automatically signed into CHCS and the CDR so that module changes will be faster at the point they open a patient's encounter. (Part of Performance Enhancement — Build 844).

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## Section III — Metrics and Monitoring

Although this process may seem daunting and time consuming, the time associated with its use will decrease for everyone as its use across the AMEDD increases and the baseline documentation level increases. The time needed to document will decrease when only changes to previous visit history are required to be documented and as the skills of those performing documentation improves. There will also be reduced work as all sites are supporting each other. The providers' documentation time should decrease as the supporting healthcare team completes more of the documentation. Central monitoring and reporting will remove the reporting and tracking workload burden from the MTFs, allowing personnel re-allocation to support direct patient care. Finally, additional metrics targeting additional outcomes for improvement will be added in stepwise fashion.

### Metrics

1. Percent of patients with the following reviewed and updated at each visit (metric by MTF and clinic)
  - A. Problem List
  - B. Family History
  - C. Surgical History
  - D. Medication (medication reconciliation)
2. Percent of patient visits that had the annual questionnaires reviewed within the last twelve months.
3. Percent of patients that had Pain Scale documented at each visit.
4. Outcomes (My MTF)
  - A. Mammogram compliance (HEDIS)
  - B. Pap smear compliance (HEDIS)
  - C. Diabetic Care — Hemoglobin A1C ordered appropriately
  - D. Pneumococcal Vaccination Rate (over age 65 seen in primary care clinic)
  - E. Readiness

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## **Section IV — Policy Review**

The AMEDD AHLTA Program Office will work to review and link related AHLTA policies to this guidance. This will aid in developing a systematic approach to improving outcomes, tools, and processes from enterprise feedback. This includes the ability to capture and centrally monitor/report the data as appropriate.

Local policies should also be reviewed to determine if changes are warranted to improve efficiency and reduce unnecessary work. Duplicate information entry and tracking should be avoided.

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## Section V — Best Practices

### Medication Reconciliation

This is accomplished by using the process outlines in the document. Central monitoring will be possible by determining the number of encounters where the medications were reviewed and updated button was checked. It is also recommended that local policy be developed and understood that the provider's signature of an AHLTA encounter signifies that medication reconciliation occurred.

### Creating and Updating the Master Problem List

Long before medication reconciliation was an issue, the JCAHO required that a master problem list (MPL) be created by the third primary care visit and maintained thereafter. This process is the foundation for medication reconciliation and could be called healthcare reconciliation. Updating the MPL requires current medications, allergies, procedures and family history be documented. The steps for accomplishing this are imbedded in the process outlined in this document and can also be centrally tracked as above. The MPL will require maintenance to eliminate unnecessary items until this process becomes more automated.

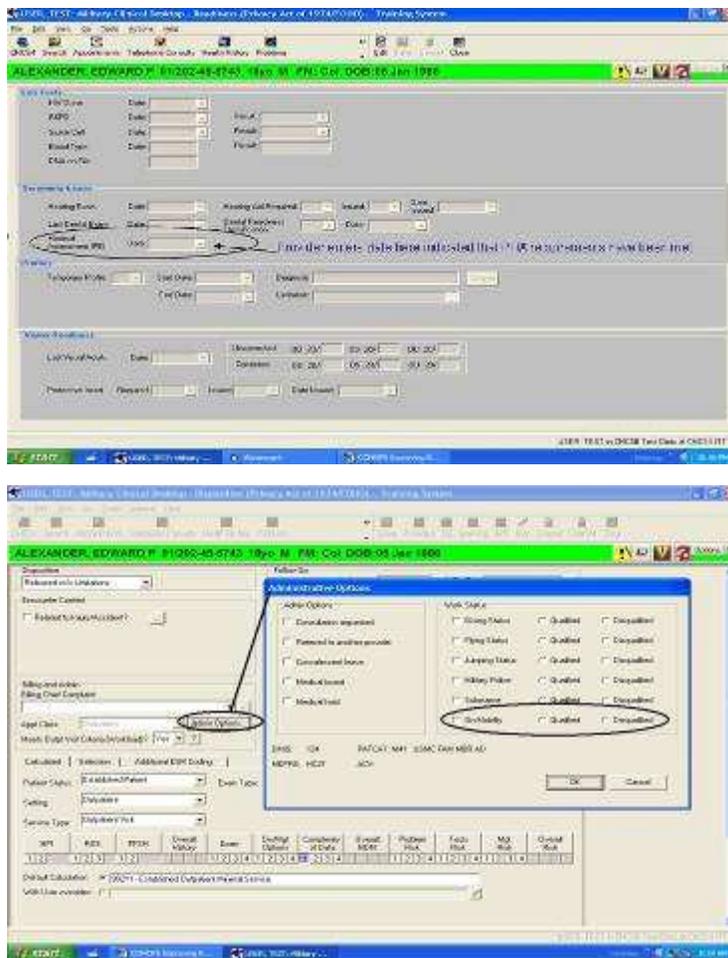
### Maximizing Prevention (Winning at PBAM)

The MEDCOM has started performance based incentive programs that provide increased funding based upon population health. The method to document this care in a team fashion is outlined in this document. The use of wellness reminders and immunization module can expedite the process of insuring prevention, and readiness occurs as part of normal care. This will help insure the best possible care of the MTF's population while improving funding. To avoid overwhelming the healthcare system in "catching up" on outcomes as the new processes are put into place, activation of reminders and monitoring of outcomes will be prioritized. The initial outcomes have been prioritized based upon current regulations and documented evidence of health outcome improvements. Where possible, the ability to clear the reminder should be done during the visit (i.e. giving and documenting pneumovax) and all care provided outside the MTF (direct care system) should be documented using the wellness reminders.

### Periodic Health Assessment (PHA)

As noted in the document, the PHA can be accomplished along with the annual JCAHO questionnaires. The other aspects of the PHA are met as the medication and healthcare reconciliation process is completed. The only additional step needed is the provider documenting that the PHA was completed during this visit regardless of the reason for visit. PHA does not require a special visit but does require the procedure to review and, as appropriate, address the patient health issues. The documentation that this occurred can be made by using the readiness page in AHLTA as noted below. This information will be provided to MEDPROS for reporting and tracking purposes. It is recommended that the annual physical reminder be used as a visual reminder of the need to complete the PHA and that it was accomplished.





#### Provider Steps:

1. Verify "Annual MEDCOM Questionnaire" has been completed, address medical issues of the soldier and consult as needed
2. Click on the "Readiness" button at folder
  - A. Click on "Edit" button at top menu
  - B. Enter date for "Medical Assessment (PE)"
  - C. Click on "Save" button
3. In A/P module: at bottom, click on "Reminders" tab
  - A. Select actions you wish to order, check as complete
  - B. Click on "Submit" button
4. In "Disposition" module:
5. Click on "Admin Options" button in center of page
  - A. Check appropriate buttons

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## Section VI — Best Practice for Utilizing Other Technologies with AHLTA

There are many technologies that work natively with and inside of AHLTA. These include voice recognition which is part of the software in tablet PCs as well as specific voice recognition products such as Dragon Naturally Speaking. Additionally, tablets allow touchscreen utilization to move the cursor as well as handwriting recognition. The value of these technologies will depend on the individual provider's preferences and the work environment. Below the current best practices are discussed; the use of these IT tools should be part of the larger team process discussed in Section II.

### Voice Recognition

Most providers find that it is best to dictate after the encounter once the patient has left the room. With voice recognition this is in part due to less ambient noise. Voice recognition software requires some minimal training. Accuracy of each application occurs with increased use. The use of a noise cancellation microphone and low ambient noise levels will help with accuracy. Microphones can either be worn as a headset (this is the microphone typically paired with Dragon) or handheld. Provider preference will determine type.

Not all parts of AHLTA have been designed for voice recognition or voice navigation use. With the Dragon product, pilot projects are underway to improve voice navigation and those lessons learned will be added to this document as they are learned.

Recommended Provider Workflow:

1. Enter room and open encounter and load Health History Module
2. Review with patient information and examine patient
3. Complete A/P with patient present this will be done largely with typing and the provider should be using order sets. Dictation will likely be used in Comments boxes under the diagnosis.
4. Patient leaves exam room
5. Open S/O to complete note. Click on the relevant MEDCIN term and dictate clarifying data into the free text box. Remember the ½ page limit.
6. Consider using DX Prompt and/or Prompt functions to find additional terms that were not part of the base template or AIM form that you are using.
7. Sign notes at a convenient time.

### Tablet PC

Tablet PCs offer two primary additional benefits besides being able to use the native TabletPC voice recognition feature within AHLTA. These features are touchscreen control using a stylus and handwriting recognition. The use of the stylus can allow quick navigation and "box checking", though many parts of AHLTA are not optimized for use with a stylus. Handwriting recognition is another form of free text entry like dictation. For those who have used Palm or other handheld devices, this feature will be easy to use. There are two ways handwriting recognition can be used: cursive and printing. Advances in this technology along with a medical dictionary applet make the cursive the easiest to use. Other user options that must be set for efficient handwriting use are "undocking" where the writing surface arrives and when written words are entered. User preferences will determine these settings and will take some practice.

Recommended Provider Workflow:

1. Enter room and open encounter and load Health History Module

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2. Review with patient information with tablet in keyboard mode and examine patient Complete A/P with patient present. This will be done largely with the tablet in the keyboard mode and using order sets. Handwriting recognition and stylus may be used for navigation and to enter free text in Comments boxes under the diagnosis.
  3. Patient leaves exam room
  4. Open S/O to complete note using a template or AIM form. The tablet is used in “slate” mode to write on the screen. Click on the relevant MEDCIN term and write using handwriting recognition to enter clarifying data into the free text box. Remember the ½ page limit.
  5. Consider using DX Prompt or Prompt functions to find additional terms that were not part of the base template or AIM form that you are using.
  6. Sign notes at a convenient time.

## Wireless

The primary advantages of wireless are

1. The same as a tablet above since tablet PCs are being deployed to be used with wireless.
2. Main Benefit - Loading and viewing patient information in the hallway
  - a. Open encounter and click on Health History Module (HHM); this retrieves all patient data and “stores” it for faster retrieval
  - b. While HHM is loading, review note for today which should include information entered by the nursing staff
  - c. Once the HHM is loaded, ancillary test and other information will be retrieved faster on the tablet. (Note: Ensure all settings for lab and rad retrieval are set appropriately)
  - d. Note: yes, you can “store” several patients’ information for quick retrieval by opening their HHM once they have been checked into the clinic.
3. Secondary Benefits
  - a. Use in hallway to enter orders or other items that you may have forgotten
  - b. No repetitive signing on to AHLTA (saves time)
  - c. Completing tasks in meetings, etc
  - d. Review next patient’s notes.

## Using PDFCreator for Placing Information into AddNote

Background: Anything that can be printed from a system (i.e. EKG, PFT result, EGD Summary report, etc) can be quickly captured and place into the AddNote section of AHLTA using PDFCreator. This software installs an additional print driver on your computer. Printing to this “virtual printer” will allow you to quickly capture an image one page at a time and place into AddNote. Installation and setup instructions are provided in the Appendix.

Once the software is loaded, the steps to place information into AHLTA are: Print to PDF, use the Snapshot tool in Adobe Reader to copy any area of the document, then paste directly into AddNote. Detailed instructions are provided below.

It should be noted that this work process does not require AHLTA to be on the workstation where the information is collected. Documents and images can be saved from the system that creates the report to

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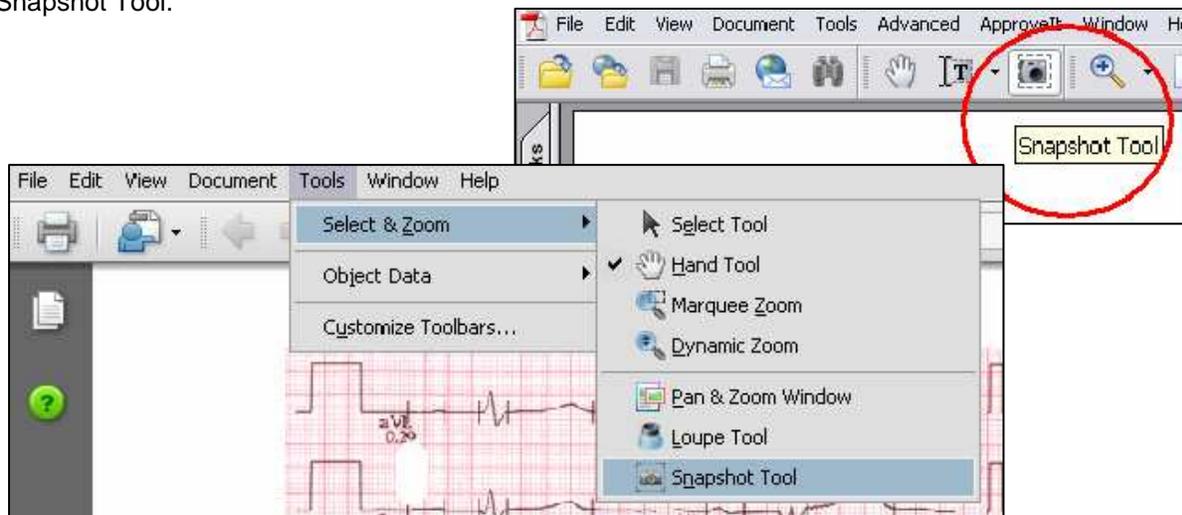
a folder on a shared network drive for later access by a computer on the network that has AHLTA. HIPAA restrictions should be observed regarding file names and retention.

PDFCreator can be used at any time once installation and setup are complete. For this example scenario we will use Microsoft OneNote, but this process will work for any application that would normally be printed and scanned.

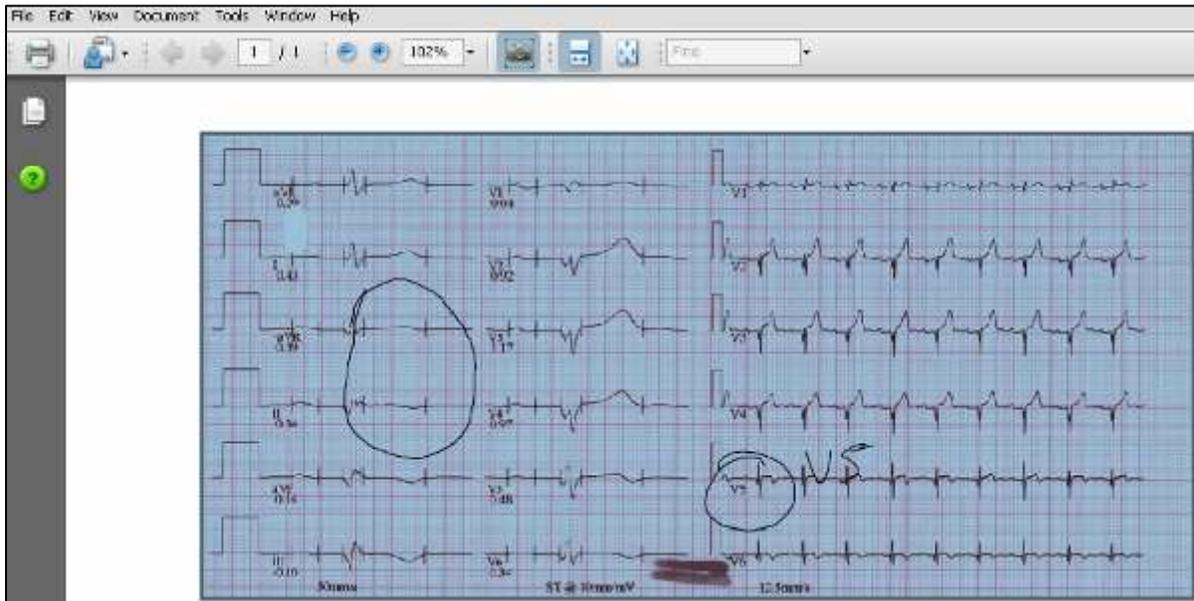
1. After completing your note in MS OneNote, click **Print**. When the dialog comes up, choose **PDFCreator** as your printer and click **OK**. (Note: you can also set PDFCreator as your default printer, but this will affect all programs on your workstation. You may want to do this while you are in clinic as this **significantly** speeds up the process.)

2. PDFCreator will convert your file to PDF, then open it using the Adobe Acrobat Reader application on your workstation.

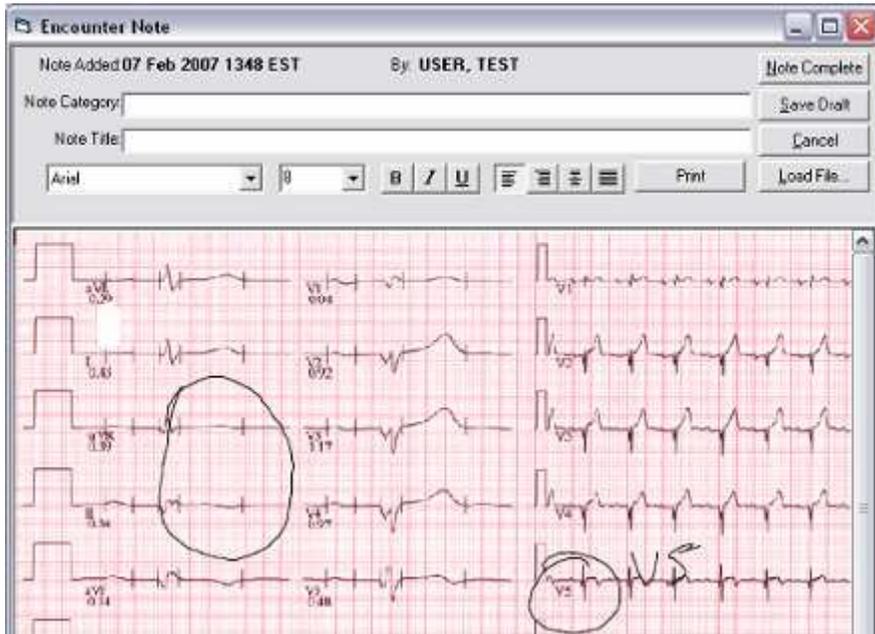
3. In Acrobat Reader, click on the Snapshot button on the toolbar or click Tools, Select and Zoom, Snapshot Tool.



4. Drag the box to highlight the area you want to capture. When you release the mouse, the area is copied to the computer clipboard. It is now saved in a format that you can paste into AddNote.



5. Open the AddNote module for the patient, click New Note, then Paste the image into the note area.



6. Name the Note as appropriate and complete the encounter.

7. Note: It will take about 5-10 Seconds from selecting print to the document displaying in the PDF reader; this time can be used to open AddNote. It is much faster than scanning and you will know that the information you wanted was placed in the note.

## MS OneNote

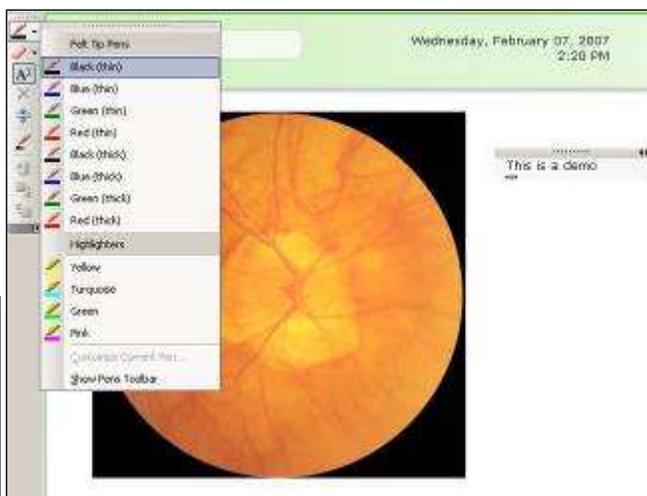
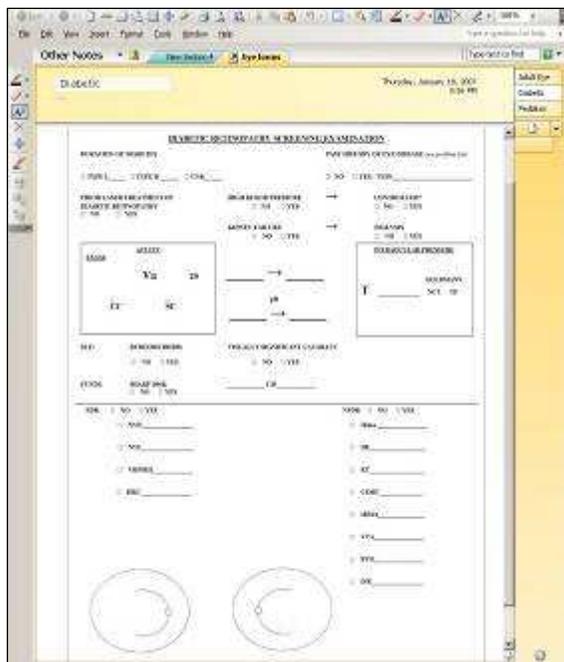
Microsoft OneNote is a standalone application that allows users great flexibility. You can add images and partial screenshots from any source on your computer (including the internet, other applications like Word or Excel, or any proprietary software that computes clinical results and displays them on your screen) to OneNote, then markup the images however you like, using your mouse, draw pad, or Tablet PC stylus.

### Clinical Scenarios using OneNote

1. Capture results of a retinal exam and paste the screenshot into OneNote, then highlight significant results.
2. Import a blank form, such as a diabetic retinopathy screening exam, then fill out the form.
3. Annotate illustrations just as you would on a paper form using different colors and line styles.
4. Add handwritten or typed comments.
5. Any combination of the above, all in the same OneNote file.

Any image can be pasted into OneNote as in the example to the right. Then any annotations (drawings, hand written notes, etc) can be added.

Overprints (called stationary in OneNote) can also be used as in the example below.

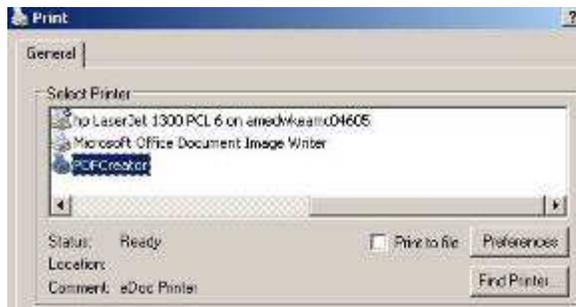
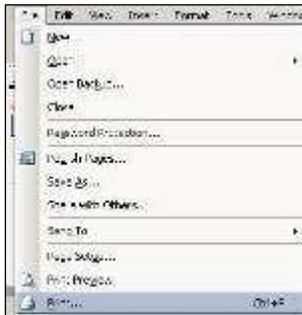


You can draw in multiple colors, erase, and even use handwriting anywhere on the image.

Anything that is drawn can be moved (using the type/selection tool).



When finished annotating in OneNote, PDFCreator can be used to output it into whichever file type that is needed. You can set PDF Creator as your default printer (see BBP for PDF Creator) or select PDF Creator each time. Note: you can change the default printer at the start of Clinic.

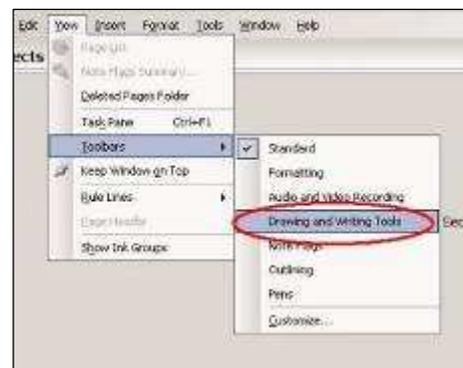


### Steps for the first time user

When opening the application for the first time, the OneNote Drawing/Writing tool should be set up in this manner:

Selecting View-> Toolbars -> Drawing and Writing Tools will display the tool bar.

The tool bar can then be moved to either side of the window. This increases the ease of use.



### Steps for OneNote use

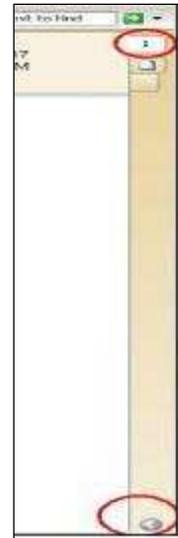
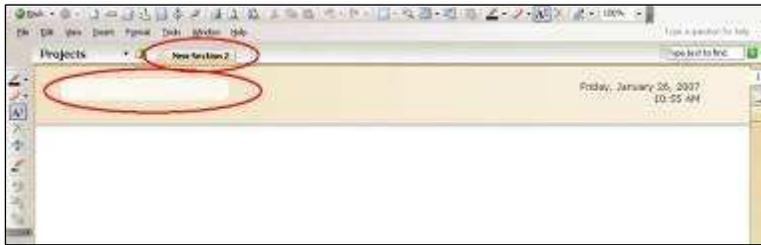
OneNote is now ready to be used. The steps are as follows:

1. If no project is opened, this is what will be seen:



Clicking anywhere in the application work area will bring up a new section.

2. Now the project is created and time stamped. The title can now be entered.



Multiple pages can be created or opened at once.

The button at the bottom right toggles between the page number and the title of the page.

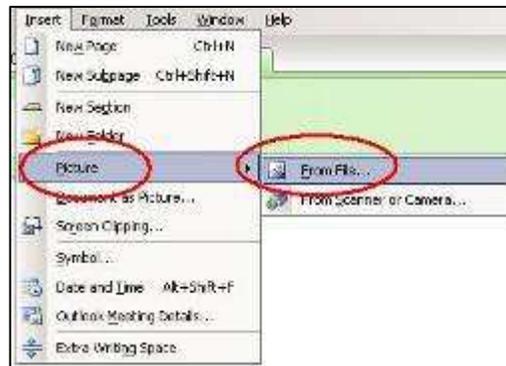
3. To import items into OneNote, proceed with the following steps:

If an image: Insert -> Picture -> From File. You can also Cut -> Paste any image you like.

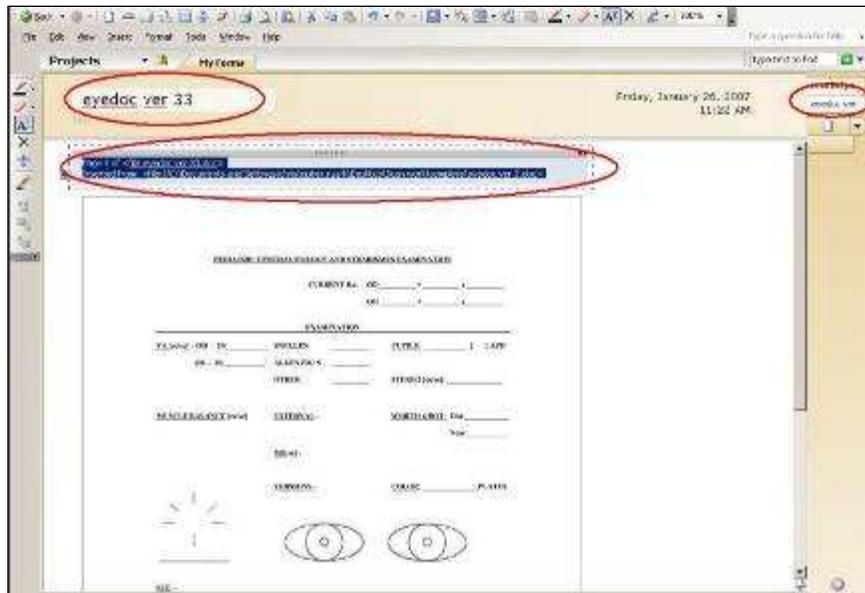
If a document: Insert -> Document as picture

Most documents can be imported this way, allowing for a wide range of options.

Note that you can copy and paste any photo that is displayed on your computer.



After being imported, OneNote automatically places where the Document came from at the top. If this is not needed, it can be removed by selecting it and pressing delete.



The original title of the document is also taken by OneNote. It can be renamed by simply selecting the title and entering the desired title.

4. Once you complete a note on a patient, you can clear the information simply by clicking + dragging across, highlighting all the items you wish to clear, then pressing <DELETE>.

5. If the item that was imported into OneNote is something that will be used multiple times, it will be easier to create Stationery from it. (We can help)

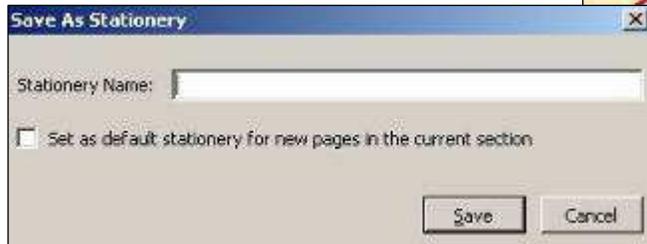
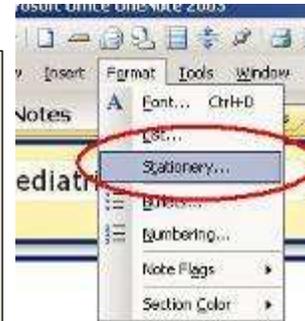
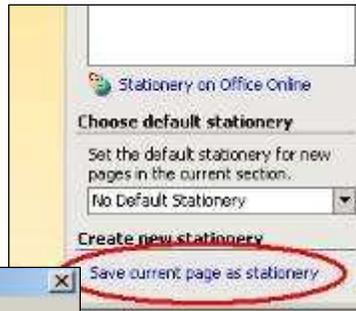
To create Stationery from anything imported into OneNote follow these steps:

Format->Stationery...

Select the option at the bottom of the list that is displayed:

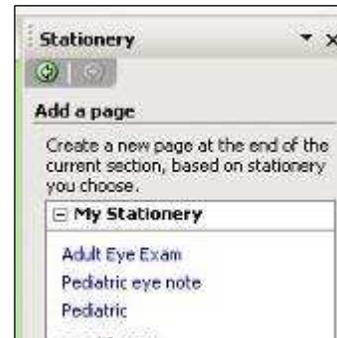
Save current page as stationery

Name the Stationery appropriately so as to avoid confusion in the future.



Now to create new OneNote items:

File -> New -> New from Stationery -> My Stationery



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## Additional Resources

Please refer to the following documents for additional information available on AKO References page (<https://www.us.army.mil/suite/page/406>) and on the USAFP website (<http://www.usafp.org/CHCS-II-AHLTA-Information-FAQs.htm>).

1. 838 User Manual
2. Provider Manual
3. Nursing Manual
4. Business Process Re-engineering (BPR) for AHLTA and TNEX
5. Best Practices/ FAQ
6. Immunizations
7. Wellness Reminders: Set-up and use recommendations