PHA Documentation & Coding

Family Medicine Dept.

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&

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What is a PHA?

Periodic Health Assessment

•Completed annually for all Active Component and Select Reserve Soldiers/Sailors/Airmen

An integral part of the Individual Medical Readiness
 System

•Provides **electronically recorded** annual assessment of every **ADSM's ability to deploy** anywhere in the world

The HPI needs to reflect:

- that the reason for the visit is for completion of a PHA.
- any condition/problems that will be addressed during the PHA visit.

The Physical Examination needs to reflect:

- any/all hands-on exams that are completed during the visit, addressing all issues documented in the HPI.

Assessment/Plan needs to reflect:

- documented medical decision(s) and plan for all issues addressed in the HPI and physical examination.

Disposition needs to reflect:

- accurate discharge status of the patient.

MEDPROS/MODS

PHAs: Although the history and/or physical exams for PHAs may be completed in MEDPROS, the information has to be cited in the AHLTA note. In this situation, a provider may document "Refer to MEDPROS for history and/or physical exam"; if the MEDPROS documentation supports the coding assigned for the AHTLA encounter, it will be considered acceptable for the CARA audit.

Under current guidance, if the MEDPROS documentation does not support the coding assigned for the AHLTA encounter, it will be marked incorrect for purposes of the CARA audit.

What E&M code do I use?

PHA

•99499 -

Non face-to-face record review, no exam, no counseling, reviewed by provider

•99420 -

Face-to-face record review, no exam, no counseling, reviewed by provider

•99401 -

Face-to-face encounter, <u>no exam</u>, <u>counseling provided</u> to an individual, approximately 15 minutes

•99402

Face-to-face encounter, <u>no exam</u>, <u>counseling provided</u> to an individual, approximately 30 minutes

PHA + condition/problem

•Appropriate PHA E&M (above) + 99201-99215 (w/ modifier 25)

Face-to-face record review, https://exam.green.com/hands-on-exam_for-a condition/problem-that-was-addressed-and-documented-during-the-pha-visit.

Coding Guidance

- On the previous slide, we see the most common codes associated with PHAs.
- Most commonly found when records are audited is 99420, face to face record review, no exam, no counseling, reviewed by provider.
- There might be times when counseling is done at these encounters; in which case 99401 and 99402 can be accessed.
- It is important to adhere to the guidelines; time and the elements of the conversation must be documented in the encounter.
- These specific counseling codes are distinct from other E/M service as they are for risk factor reduction services.
- They are for person/s without a specific illness but might require counseling on lifestyle modification for risky behavior, preventive counseling based on family history and occupational exposure.

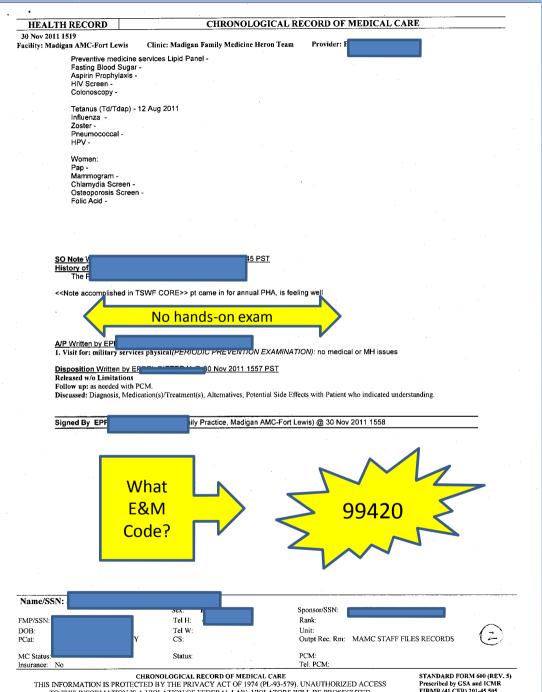
	Patient: Treatme	Date: 30 Nov 2011 1540 PS Clinic: M FM HERON TEAM						
	Patient Status: Outpatient							
	Reason for Appointment: PHA 34yo Appointment Comments: tri/sc/PHA 34yo							
	AutoCites Refreshed by EPPEL, DIETER	H @ 30 Nov 2011 1545 PST	Allegates					
			Allergies					
			No Allergies Found.					
	Screening Written by CAMPBELL JULIE Reason For Appointment: PHA 34yo	@ 30 Nov 2011 1541 PST						
	Allergen information verifie							
	Allergen Information Verille							
		known.						
		KIIOWII.						
	<u>Vitals Written by CAMPBELL JULIE @ 30 Nov 2011 1534 PST</u> <u>BP: 141/75, HR: 97, RR: 18, T: 98 °F, HT: 64 in, WT: 147 lbs, BMI: 25.23, BSA: 1.716 square meters, Tobacco Use: No, Alcohol Use: No,</u>							
	Pain Scale: 0 P	ments: pt. states no pain						
	Questionnaire AutoCites Refreshed by EPPEL DIETER H @ 30 Nov 2011 1545 PST Questionnaires							
	SO Note Written by CAMPBELL JULIE @	30 Nov 2011 1544 PST						
	Chief complaint The Chief Complaint is: Pha							
	History of present ill							
	The Patient is a THE CLINICS IN-PERSON CLASSES AND AVAILABLE ONLINE SELF-MANAGEMENT SUPPORT RESOURCES WERE REVIEWED WITH THE PATIENT AND HANDOUTS WERE PROVIDED.							
	Medication list reviewed with patient, reconciliation completed, and list given to patient.							
	Attending Physician: <name>. Discussed with attending who concurs with the plan. PainSeverity 0 / 10.</name>							
	Pt. states no pain.							
	Current medication CHLORHEXIDINEMTH 0.12% LIQ S	ODIUM FLUORIDE (PREVIDE	NT 500.					
	Past medical/surgical history							
	Reported History: Medical: Reported medical history.							
	Surgical / procedural:	edural history						
	Reported medications: No medication Personal history	n noncompliance.						
	Social history reviewed married with childe	ern.						
	Family history Family medical history							
	grandmother-breast cancer.							
	Practice Management							
Name/S	SN:		Sponsor/SSN:					
FMP/SSN:	Tel H	: 4	Rank;					
DOB:	Tel W		Unit:	G.				
PCat:	CS:		Outpt Rec. Rm:	\cup				
MC Status:			PCM:					
Insurance:	No.		Tel. PCM:					

CHRONOLOGICAL RECORD OF MEDICAL CARE

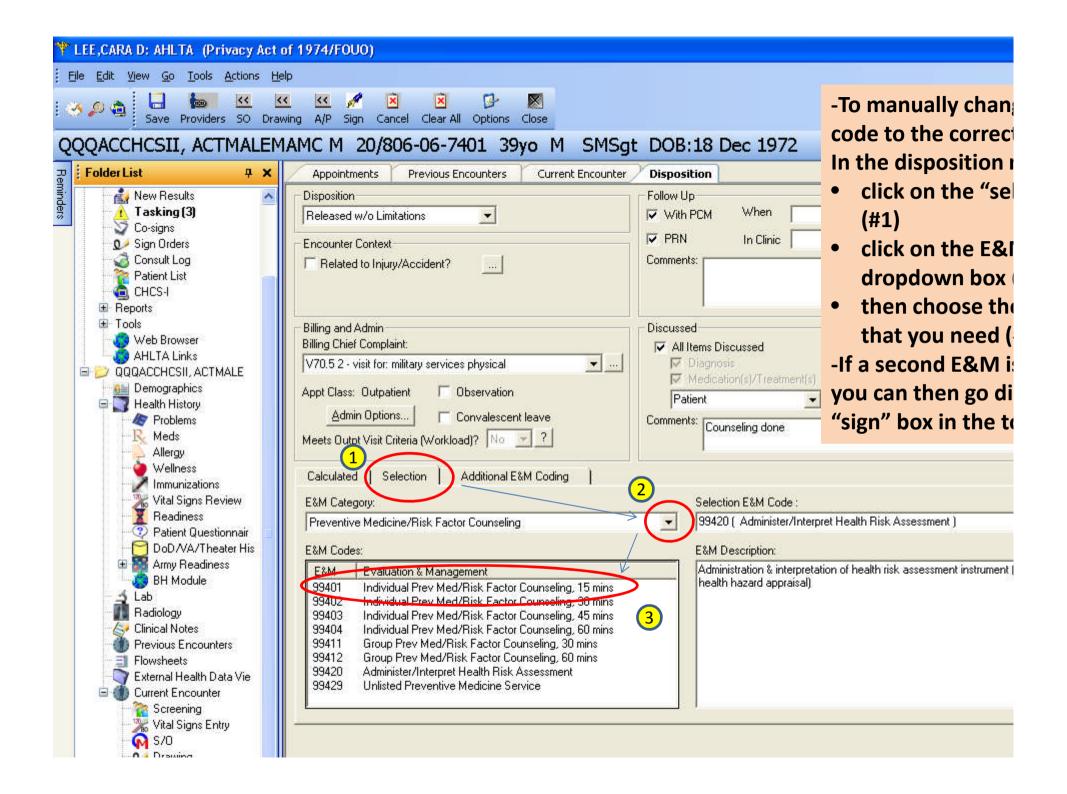
HEALTH RECORD

CHRONOLOGICAL RECORD OF MEDICAL CARE
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How to manually change your E&M type...



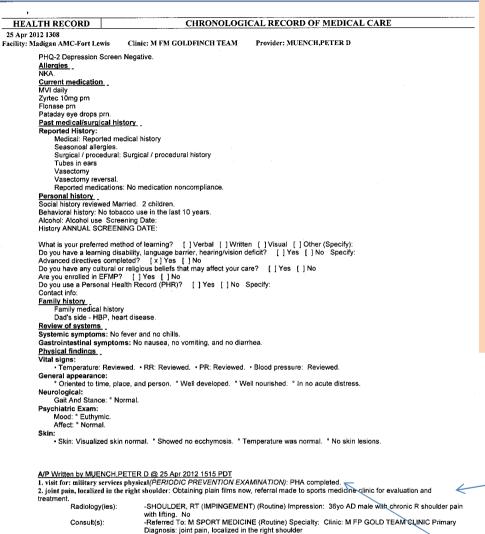
	CHRONOLOGICAL RECO	ND OF MEDICAL CARE
Patient: F Treatmen Patient St	Date: 25 Apr 2012 1300 PDT Clinic: M FM GOLDFINCH TEAM	Appt Type: EST Provider: MUENCH,PETER D.
Reason for Appointment: pha Appointment Comments: bem/muench		
AutoCites Refreshed by MUENC	CH,PETER D @ 25 Apr 2012 1321 PDT	
		Allergies • No Known Allergies
Vitals		
No Vitals Found.		
Screening Written by ZAI Reason For Appointmer		
Allergen information verified by Z	AMIRA, TERI M @ 25 Apr 2012 1320 PDT	
	M @ 25 Apr 2012 1325 PDT , HR: 56, RR: 16, T: 97.8 °F, HT: 72 in, WT: 204.3	B lbs Upright Scale, Actual, With Shoes, BMI:
	shed by MUENCH,PETER D @ 25 Apr 2012 132	<u> 1 PDT</u>
BSA: 2.15 square meters Questionnaire AutoCites Refre Questionnaires	ETER D. @ 25 Apr 2012 1511 PD CC	and HPI respond
BSA: 2.15 square meters Questionnaire AutoCites Refre Questionnaires SO Note Written by MUENCH.Pl Chief controllint The Chief Complaint is: PHA. History of present illness	ETER D. @ 25 Apr 2012 1511 PD Cc cor	and HPI
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| Sex: M | Sponsor/SSN: | FMP/SSN: | Tel H: Rank: | DOB: 0 | Tel W: Unit: Outpt Rec. Rm: MAMC STAFF FILES RECORDS | MC Status: 1 | DUTY | Status: | PCM: | Tel PCM: |

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- Sample 2
 - -Here's another example of a PHA encounter.
 - -Notice that a visual acuity was done and results are documented.
 - -You can see how the cc is reflected in the HPI.
 - -Additional issues are identified and addressed



Consult(s): -Referred To: M ALLERGY/IMMUNOLOGY (Routine) Specialty: Clinic: ALLERGY CLINIC Primary Diagnosis: Allergic rhinitis

3. ALLERGIC RHINITIS: Consult placed to MAMC allergy to continue allergy injections.

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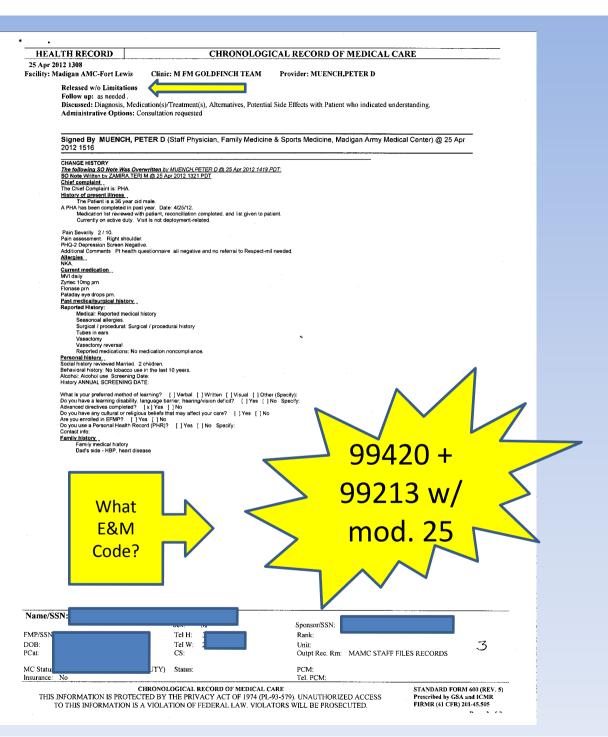
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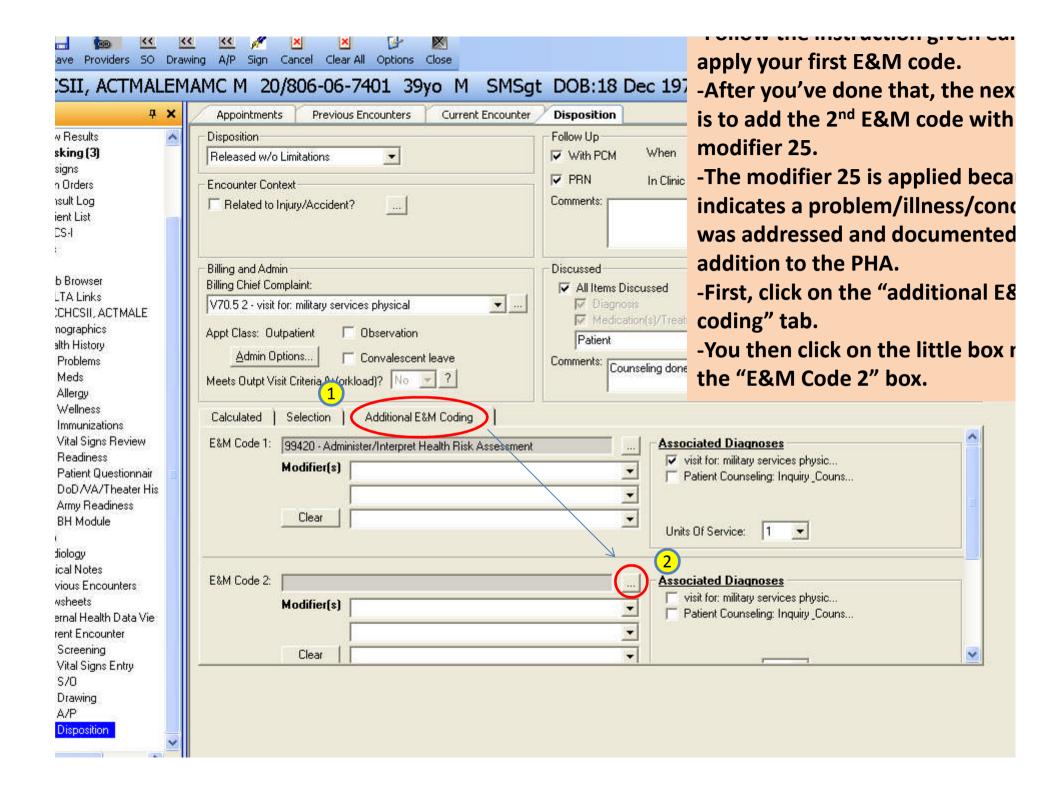
- -A hands-on physical exam is done and documented.
- -Correct dx coding for this encounter include those indicated above...the code for the PHA, R shoulder pain and allergic rhinitis as they were identified and addressed in the A/P.
- -The only thing missing from this is the CPT code for the visual acuity (99173).
- -That code would be associated with the PHA dx code as it is part of the physical.

Dx codes: V70.5 2 + R shoulder pain and allergic rhinitis.

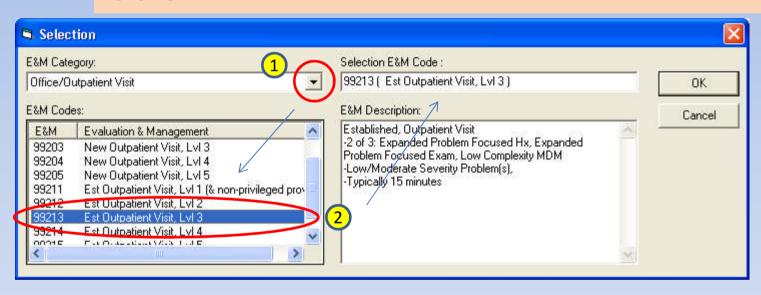
Visual acuity CPT code could have been added and linked to the physical dx here

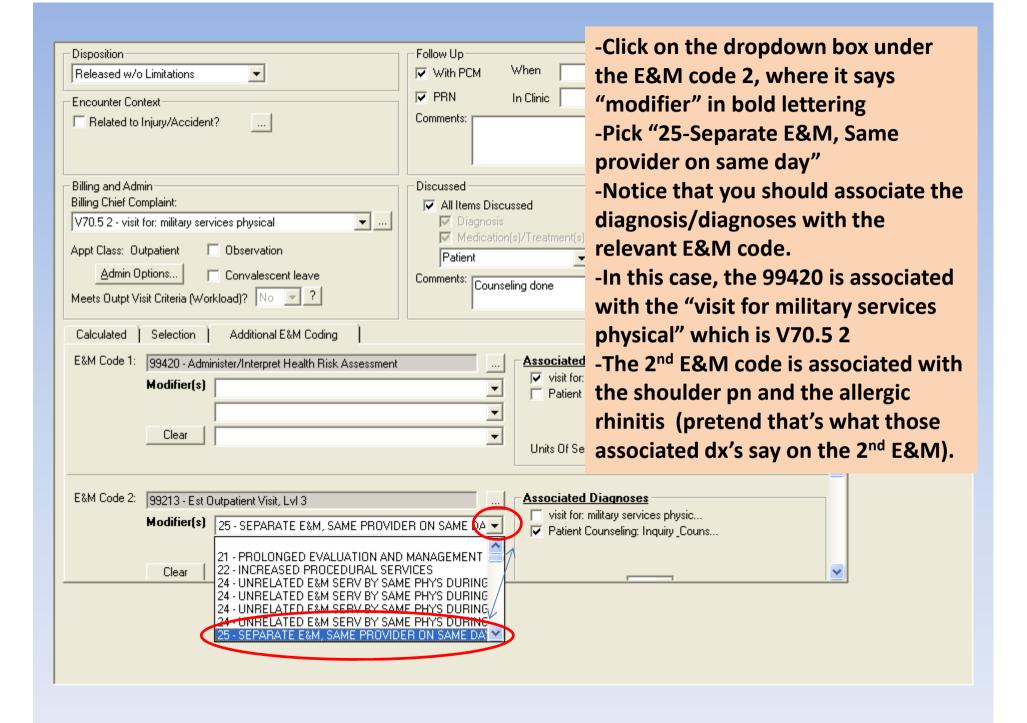


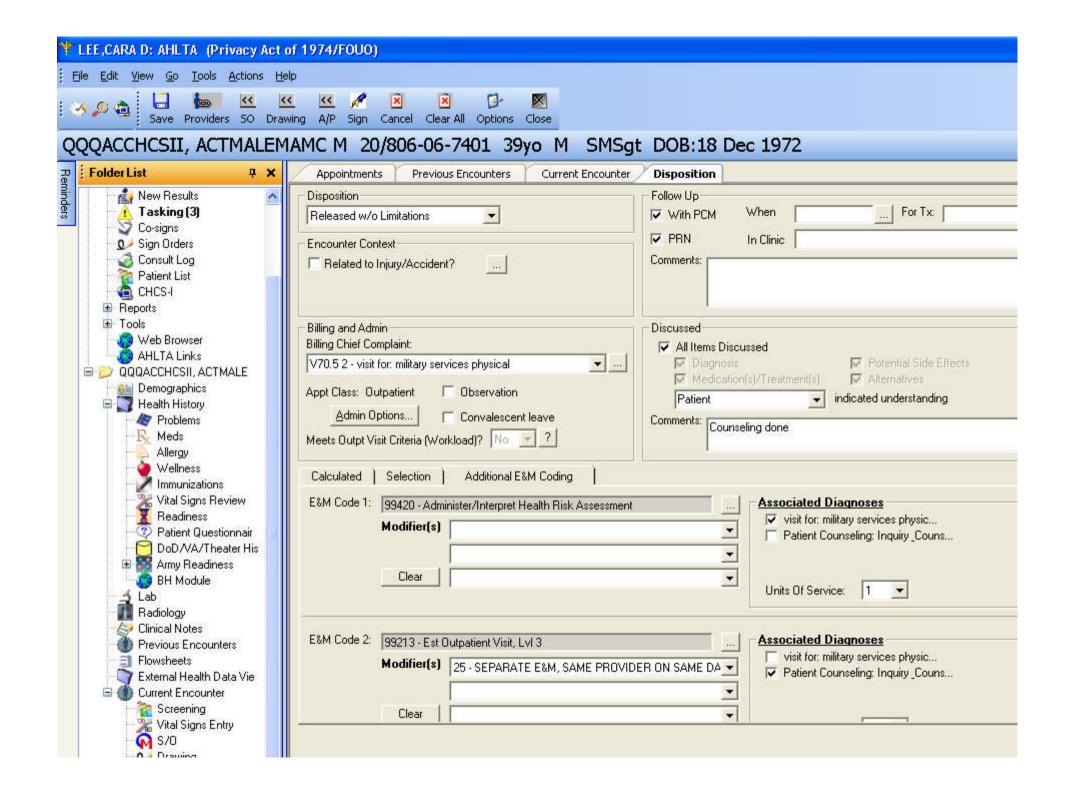
How to add 2nd E&M code with Modifier 25...



- -This is the box that pops up.
- -You will again click on the E&M Category drop down box (#1)
- -Pick the appropriate E&M based on the documentation of your additional workup (aside from the PHA information).
- -You can see the E&M code that you pick/highlight now appears in the right side. This is the 2nd E&M code that will be embedded.
- -Click OK.







HEAL	TH	RECO	RD

CHRONOLOGICAL RECORD OF MEDICAL CARE

Patient: QQQACCHCSII. ACTMALEMANC M

Date: 09 May 2012 1144 PDT

Appt Type: PROC\$

Treatment Facility: MADIGAN AMC Patient Status: Outpatient

Clinic: FPC MADIGAN

Provide

Reason for Appointment:

AutoCites Refreshed by LEE, CARA D @ 09 May 2012 1147 PDT

Allergies

- · OPIOID NARCOTICS OTHER Class: Unknown (ADDICTED)
- SULFA-DRUGS: Unknown

Screening Written by LEE CARA D @ 09 May 2012 1148 PDT

Reason(s) For Visit (Chief Complaint): Visit for: military services physical (Follow-Up) ;

mals Written by LEE,CARA D @ 09 May 2012 1151 PDT

Uncorr OD: 20/20, Uncorr OS: 20/20, Uncorr OU: 20/15

Witels Written by LEE CARA D @ 09 May 2012 1149 PDT

RP. 12/17 - 15 CS RP. 16 T 97 °F HT 67 to LMC 168 ps. BMI: 25.37, BSA: 1.849 square meters, Tobacco Use: No, Alcohol

Have you ever felt you should Cut down on your drinking? No,

Have people Annoyed you by criticizing or complaining about your drinking? No,

Have you ever felt bad or Guilty about your drinking? Yes,

Have you ever had a drink or drug in the morning (Eye opener) to steady your nerves or to get rid of a hangover? No,

Pain Scale: 0 Pain Free

Questionnaire AutoCites Refreshed by LEE,CARA D @ 09 May 2012 1147 PDT

Questionnaires

SO Note Written by LEE,CARA D @ 10 May 2012 0735 PDT

Chief complaint
The Chief Complaint is: PHA.

History of present illness

The Patient is a 39 year old male.

He reported: Encounter Background Information: Here today for PHA.

Military service in the Army and currently on active duty. Not currently deployed. Reservist, visit is GWOT-related, and

deployed not currently deployed

P1 U1 L1 H1 E1 S1

Active Duty Medical Readiness:

- 1. Member is able to perform their job without limitation
- 2. Member is able to PT Test without limitation
- 3. Member is able to Deploy
- 4. Member is medically cleared for Flying / Controlling Duties if applicable.

initial supplemental HPI [use for free text].

Past medical/surgical history

Reported History:

No recent change in medical history and no active problems.

Personal history: Personal history pt typically drinks 4-6 beers every day.

Family history

Name/SSN: QQQACCHCSII, ACTMALEMAMC M

FMP/SSN:

PCat:

MC Status:

Tel H:

Sponsor/SSN: /806067401 Rank: Unit:

Tel W: CS:

Status: Fly,Jump,Mob

Outpt Rec. Rm: PCM: Tel. PCM:

Insurance: No

F11 USAF ACTIVE DUTY

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-visual acuity was done and documented -Cc correlates with HPI

HEALTH RECORD

CHRONOLOGICAL RECORD OF MEDICAL CARE

09 May 2012 1147

Facility: Madigan AM

EPC MADIGAN

Provider:

Family history of cancer Family history of heart disease

A/P Last updated by LEE, CARA D @ 10 May 2012 0741 PDT

1. visit for: military services physical (PERIODIC PREVENTION EXAMINATION): 39 year old AD healthy male. PHA signed off in

-Screening Test Of Visual Acuity, Quantitative, Bilateral x 1

2. Patient Counseling: Inquiry & Counseling(OTHER SPECIFIED COUNSELING): Discussed/counseled etiology and dissease process of CAD and testicular cancer with patient. Discussed and recommended to continue with current diet and exercise including the DASH diet. Noted weekly alcohol consumption and tiggers leading to. Discussed coping mechanisms to decrease comsumption of alcohol. Spent total of 15 minutes counseling patient on these behavior and risk factors.

Disposition Last updated by LEE CARA D @ 10 May 2012 0749 PDT

Released w/o Limitations

Follow up: as needed with PCM.

Discussed: Diagnosis, Medication(s)/Treatment(s), Alternatives, Potential Side Effects with Patient who indicated understanding. - Comments: Counseling done

(LPN, Madigan AMC-Fort Lewis) @ 10 May 2012 0801

Counseling specifics and time MUST be documented

Brief, non-descriptive statements like; "Counseled on condition, diagnosis, or treatment alternatives" are not acceptable documentation in and of itself.

What F&M Code?



Name/SSN: QQQACCHCSII, ACTMALEMAMC M

FMP/SSN DOR:

Insurance: No

FILUSAF ACTIVE DUTY MC Status:

Sponsor/SSN: /806067401

Rank: Unit:

Outpt Rec. Rm: Status: Fly,Jump,Mob PCM:

CHRONOLOGICAL RECORD OF MEDICAL CARE

Sex:

Tel H:

Tel W

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Page 2 of 3

Dx: V70.5 2 +

V65.49 X

- -A positive family hx of diseases is noted.
- -Everything that we're pointing out will be of significance in the coding...
- -In the A/P you will notice the dx for the PHA and the counseling for risk factor reduction/behavior modification is related the positive family hx and his noted alcohol use.
- -Patient status is correctly identified in the disposition.

Conclusion

•99420 most common code

•99401/02 may be accessed if counseling is documented

Counseling must include time and elements of the conversation

- 99201-99215 E/M codes may be accessed for condition(s)/problem(s) were addressed during the PHA visit.
- Don't forget to add modifier 25 if you have a second E&M code.